Intro to Show Jumping Badge Workbook



Name:

Date:

Contents

This workbook aims to support learning and the understanding of Show Jumping to help achieve the Intro to Show Jumping Badge.

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What is Show Jumping?

Fill the blanks below with words from the box:

(Refusal	Faults	Fastest				
	Jump Off	Run Out	Clear Ro	ound			
	Time	d Knock	Knocked Down				

Show Jumping is where a horse and rider combination are tested over a course of obstacles, known as fences, which can be easily if they are hit.

The goal is to complete the course without getting any...... Faults are gained when a fence is knocked down, the horse stops at a fence (.....) or the horse runs around a fence (.....).

Intended to demonstrate the horse and rider's courage, athletic ability, precision, speed and partnership, your aim is to jump a Depending on the format of the competition, if you manage to jump clear, often you will go through to the second stage which is called a "......". A jump-off is a shortened course which is The winner is the horse and rider with the least and the time in the jump-off.

Saddlery for Show Jumping

Which of these items of tack are permitted for Show Jumping competitions? Circle Yes or No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No





Yes / No

Yes / No



Yes / No

Dress for Show Jumping

Which of these can you wear for Show Jumping competitions?

Circle Yes or No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No



Yes / No

Position Over a Fence

This is known as the forward seat. It keeps you in the correct jumping position over the horse.



- 1. Your seat is up out of the saddle.
- 2. Your weight is in your stirrups.
- 3. Your body is inclined slightly forward.
- 4. Your hands are in front of the horse's shoulders.

Types of Jump

Can you match the name of the jump in the box to the correct picture?

Spread or Oxer

Planks

Triple Bar

s

Cross Pole







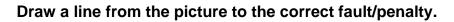


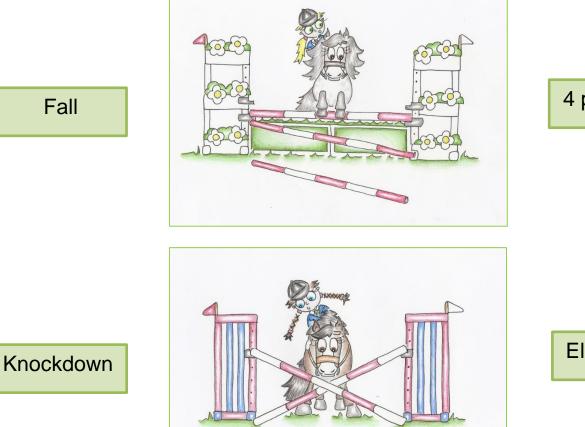
Can you design your own Show Jump in the box below?



Faults and Penalties

The aim of Show Jumping is to complete the course of jumps without getting any faults or penalties. Can you match each picture with the fault and the number of penalties it receives?





4 penalties

Elimination

Refusal

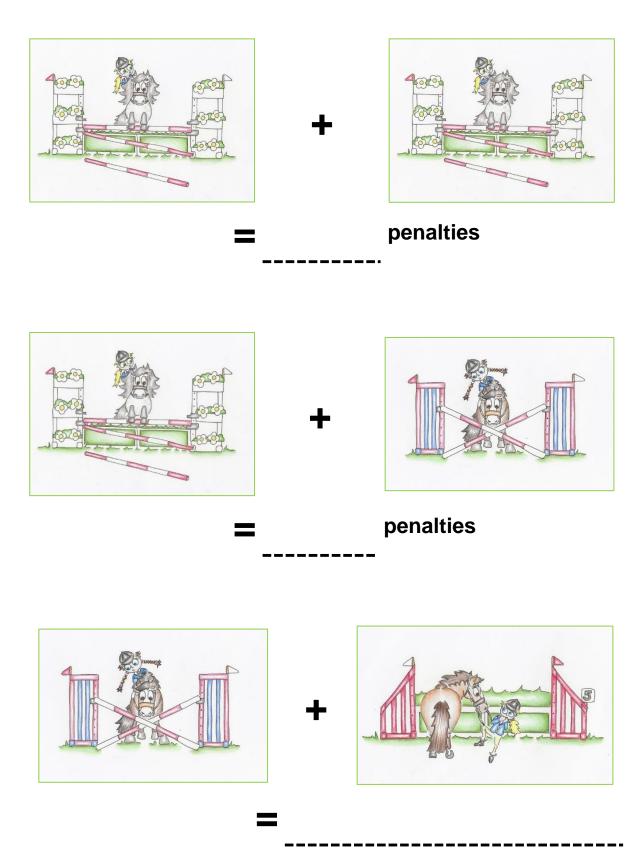


4 penalties

Artwork: Lizzie Hitchen

Fall

Sometimes, if you have a bad round, your penalties can add up. Can you work out how many penalties the rider gets in each situation below?



Artwork: Lizzie Hitchen

Show Jumping Word Search

Can you find all the Show Jumping related words?

Words to find:

SHOW JUMPING	FAULTS	CLEAR ROUND
SPREAD	DOUBLE	CROSS POLE
COURSE	TIME	PENALTIES
REFUSAL	JUMP OFF	PLANKS

E	С	W	F	А	Е	F	А	U	L	Т	S
R	Е	F	U	S	Α	L	А	G	J	U	Т
Т	0	W	E	Т	J	D	Н	F	D	С	D
Z	U	S	S	Ν	D	F	G	E	0	R	Y
Н	С	0	U	R	S	Ш	Т	D	U	S	S
D	С	H	Х	Μ	Y	H	А	А	В	J	K
W	D	Z	V	Y	В	С	S	J	L	В	L
G	Р	L	А	Ν	K	S	E	К	ш	Y	S
Ν	E	U	G	S	Ν	Ν		Ν	0	U	Р
Н	Ν	С		С	Х	Х	Н	G	U	S	R
F	Α	В	L	J	С	Z	F	С		С	E
S	L	Z	Т		Μ	ш	Х	R	J	V	Α
G	Т	С	S		D	Y	С	0	С	Α	D
V		G	Ζ	D	K	U	V	S	S	E	S
Z	E	V	Т	С	F	-	В	S	Y	D	Х
S	S	H	0	W	J	U	Μ	Р	-	Ν	G
Y	Α	U	D	В	U	Р	F	0	Т	G	I
Н	L	S	Х	Z	Μ	Μ	G	L	D	V	D
Ν	K	К	В	U	Р	В	Н	ш	С	J	U
J	Н	V	L	ш	0	V	E	W	J	Н	Т
D	Y	Е	F	S	F	Ν	R	R	Κ	D	0
А	R	Q		J	F	D	Т	S	Q	С	G
S	F	U	K	К	S	S	Q	J	А	R	S
С	L	Е	А	R	R	0	U	Ν	D	Т	А