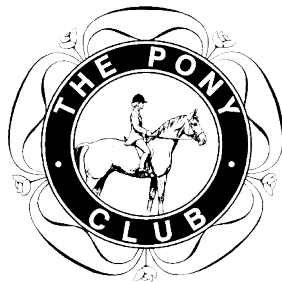


# AREA 3



## TRIATHLON

Sunday 27<sup>th</sup> February 2011

AT Bedale Leisure Centre  
Firby Road  
Bedale, DL8 2AT

Start 9:00 a.m.

**1 Mini-Minimus Girls**  
**2 Mini-Minimus Boys**

- Under 10 years on 1<sup>st</sup> January 2011, minimum age 8 yrs on day (National PC Tetrathlon rule)
- Shoot two handed at a fixed target at 7 metres
- Swim two minutes
- Run 1000 metres

**3 Minimus Girls**  
**4 Minimus Boys**

- Under 12 years on 1<sup>st</sup> January 2011,
- Shoot two handed at a fixed target at 7 metres
- Swim two minutes
- Run 1000 metres

**5 Junior Girls**  
**6 Junior Boys**

- Under 15 years on 1<sup>st</sup> January 2011
- Shoot one handed at a turning target at 7 metres
- Swim three minutes
- Run 1500 metres

**7 Open Girls**  
**8 Open Boys**

- Under 25 years on 1<sup>st</sup> January 2011
- Shoot one handed at a turning target at 10 metres
- Swim, girls three minutes, boys four minutes
- Run, girls 1500 metres, boys 3000 metres

## **Conditions of Entry**

### **General**

The competition will be run under the Pony Club Tetrathlon Rules 2010.

### **Shooting**

All guns must be kept boxed and secure or in the possession of a responsible person over the age of 18 years at all times except when during the shooting competition under the supervision of the shooting marshal.

### **Health and Safety**

The organisers of this event have taken all reasonable precautions to ensure the Health and Safety of every one present. For these measures to be effective, everyone must take all reasonable precautions to avoid and prevent accidents occurring by obeying instructions of the organiser, officials and stewards.

### **Legal Liability**

Neither the organiser, landowner nor any person acting on their behalf, accepts any liability for loss, damage, accident, injury or illness to competitors, spectators or any person or property.

### **Entries**

Entries can only be made through **team trainers**, not direct to the secretary. This is a national Pony Club rule to ensure that members and parents are aware of the strict procedures of the shooting phase.

All entries should be submitted on the attached entry form.

Entry fee £15 per member

**Closing date for entries: Monday 21<sup>st</sup> February 2011**

### **Entries Secretary:**

Andy Bolland, 34 Holgate Road, York, YO24 4AB

Telephone/fax: 01904 651270

email: [andy.bolland@sky.com](mailto:andy.bolland@sky.com)

(Cheques should be made payable to Area 3 Tetrathlon)

Shoot times will be available between 7:00 & 10:00 pm on Friday 25<sup>th</sup> February or give details to email.

Entry Form

Area 3  
Triathlon  
Sunday 27<sup>th</sup> February 2011

Branch .....

Please complete and return this entry form to Andy Bolland, 34 Holgate Road, York YO24 4AB  
or by email to [andy.bolland@sky.com](mailto:andy.bolland@sky.com)

Entries Close Monday 21<sup>st</sup> February 2011

Tetrathlon Trainer: ..... Telephone: .....  
Address: ..... Fax: .....  
Email: .....  
Signature .....  
(Team Trainer / DC)

Team / Individual	Mini-mini Minimus Junior Open	Name	Age	Share Gun with.....	Estimated swim

Entry fee enclosed ..... competitors x £15 = £ .....