



Pony Racing Training Days 2024

Come to find out about Pony Racing

Activities on Training Days include:

- Learning the race position on an Equicisor
- Riding in an arena and on the gallops in the race position
- Trying fun fitness and balance exercises used by jockeys
- Testing how fit you need to be to ride in a pony race
- Finding out what to wear, the tack you need, where the races are, how and when to enter and what happens on the day

Training Days usually run from 9am until around 3pm. There are mounted and unmounted sessions. Timings, what to wear and bring and other information is emailed to those registered around a week before the day. For riders aged 9 to 16 years old on ponies bged etween a4 and 20 years old and 148cm/14.2hh and under.

Training Days are £40 and places must be booked in advance as numbers are limited

<https://www.ponyracingauthority.co.uk/get-racing/trainings-days/>

Pusk Farm, Fife on 13th October

Tim Reed Racing, Hexham on 20th October

<https://www.ponyracingauthority.co.uk/get-racing/trainings-days/>

For more information, please contact Verity
on trainingdays@ponyracingauthority.co.uk
Website: www.ponyracingauthority.co.uk



@ponyracingauthority



@ponyracinggb



@ponyracingauthority



Supported by The Racing Foundation

